Monday 9/2
Soups of the Day
Mexican Albondigas ~No Allergens
Blackeye Pea and Kale ~No Allergens

Entrees @ the Comfort Equation
Chicken Breast Bruschetta ~No Allergens
Cheese Ravioli G,D
Broccoli Beef G,Se,S

Sides @ the Comfort Equation
Steamed Broccoli ~No Allergens
Garlic Chard ~No Allergens
Gemelli Pasta with Herbs G

Latino Entrees @ the Comfort Equation
Chicken Mole G,Se,T
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Your choice of pasta or ravioli, served with your choice of meat sauce or marinara sauce

The Grill

The Deli

Wood Fired Pizza Oven

Tuesday 9/3
Soups of the Day
Mexican Albondigas ~No Allergens
Blackeye Pea and Kale ~No Allergens

Entrees @ the Comfort Equation
Chicken Breast Bruschetta ~No Allergens
Cheese Ravioli G,D
Broccoli Beef G,Se,S

Sides @ the Comfort Equation
Steamed Broccoli ~No Allergens
Garlic Chard ~No Allergens
Gemelli Pasta with Herbs G

Latino Entrees @ the Comfort Equation
Chicken Mole G,Se,T
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Authentic pho noodle bowl served with your choice of tofu, chicken, beef or shrimp

The Grill
Steak Quesadilla+Grilled Onion and Pepper G,D

The Deli
Hummus, Sprouts, Vegetable Wrap G

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
**Wednesday 9/4**

**Soups of the Day**
- Pork Posole ~No Allergens
- Tomato D

**Entrees @ the Comfort Equation**
- Beef Stroganoff ~No Allergens
- Tofu Shiitake and Eggplant Stroganoff S
- Orange Chicken G,Se,S

**Sides @ the Comfort Equation**
- Cabbage with Garlic and Onion ~No Allergens
- Chef Choice ~No Allergens
- Egg Noodle G

**Latino Entrees @ the Comfort Equation**
- Beef Colorado ~No Allergens
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Curry
  - Thai coconut curry, served with yellow or red curry, & your choice tofu, chicken, or beef

**The Grill**
- Black Bean Burger + Avocado, Sprouts, Onions G

**The Deli**
- Tuna Melt F,D,E

**Wood Fired Pizza Oven**
- Pizza of the Day

**Thursday 9/5**

**Soups of the Day**
- Chicken Vegetable ~No Allergens
- Vegetable Minestrone G

**Entrees @ the Comfort Equation**
- Chicken Tikka D
- Masala Paneer D
- Asian Spicy Chicken G,S,Se

**Sides @ the Comfort Equation**
- Spiced Cauliflower + Bell Peppers ~No Allergens
- Saag Aloo ~No Allergens
- Basmati Rice ~No Allergens

**Latino Entrees @ the Comfort Equation**
- Chicken Enchilada ~No Allergens
- Chef’s Special Entrée
- Entrée to be determined daily

**Cooking 101**
- Udon
  - Authentic udon noodle soup bowl, served with your choice of tofu, chicken, or beef

**The Grill**
- Crunchy Buffalo Chicken Wrap G,D,E

**The Deli**
- Mexican Chicken Salad with Nopales ~No Allergens

**Wood Fired Pizza Oven**
- Pizza of the Day

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D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish
Friday 9/6

Soups of the Day
Cream of Broccoli Cheddar G,D
Cuban Black Bean ~No Allergens

Entrees @ the Comfort Equation
Szechuan Beef G,S
Mapo Tofu G,S
Chicken and Green Bean S,Se,G

Sides @ the Comfort Equation
Chinese Spinach ~No Allergens
Chef Choice ~No Allergens
Fried Rice ~No Allergens

Latino Entrees @ the Comfort Equation
Pork al Pastor ~No Allergens
Chef’s Special Entrée
Entrée to be determined daily

Cooking 101
Chef’s Special
Chef’s choice of special exhibition entrée

The Grill
Grilled Blue Cheese with Figs and Bacon G,D

The Deli
Cuban Panini G,D

Wood Fired Pizza Oven
Pizza of the Day

D=Dairy  G=Wheat Gluten  P=Peanut  T=Tree Nut  E=Eggs  Se=Sesame  S=Soy  F=Fish/Shellfish